

Fall Hockey School Training Camps



Andrews Hockey Fall Camps are designed to help players get in peak condition for their up coming season.

The Andrews Hockey Modern Techniques of Hockey Skating & Puck Skills Camps are modeled after of our very popular Foundational Program. The week consists of 6 sessions of 1.5 hours. The focus is on modern techniques of hockey skating, exciting small space flow drills and individual puck skill development. A great camp for any young player looking to be in top shape when the hockey season begins!

Our High Performance Prep Camps for High Level Pee wee, Bantam and Midget players allow players to combine an off ice training component along with on ice curriculum. Players receive 1 hour of Elite Techniques of Hockey Skating and 1 hour of Off Ice Training at Hockey Haven Training Centre. All methods are hockey specific and this camp is the first of its kind in the region.

For more information on our Fall Camp schedule email info@hockeygrowth.com or call 902-894-9600.

